



# KALIMANTAN 2024

16th Subud World Congress

**PRE-REGISTRATION  
INFORMATION PACKAGE**

28 JANUARY 2024

IN THIS DOCUMENT YOU WILL FIND IMPORTANT INFORMATION REGARDING ATTENDING THE WORLD CONGRESS IN KALIMANTAN THIS JULY.

PLEASE READ THIS INFORMATION PACKAGE CAREFULLY BEFORE STARTING YOUR REGISTRATION.

## QUICK START



Step 1: Read the information package



Step 2: Complete your online registration form



Step 3: Book your international flights and accommodation in Kalimantan



Step 4: Book your domestic flights and layover accommodation if required

# PRE-REGISTRATION INFORMATION PACKAGE

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## A MESSAGE FROM THE DEWAN OF INTERNATIONAL HELPERS

Our Subud World Congress is a major event in our Subud life.

It is a time when members from the many different cultures around the world gather and worship together and share and experience following the guidance of the latihan in their life as we develop our unique individuality, common humanity and true human culture.

It is the time when decisions are taken for the future of our organisation.

This Kalimantan World Congress provides an opportunity for many brothers and sisters who reside in Asia to attend an international congress and to connect with members of their Subud family from other cultures.

Bapak & Ibu Rahayu have spoken about the nature of Kalimantan in various talks, such as 81 JKT 1. Bapak recommended that upon entering Kalimantan, members inwardly acknowledge that they are children of Muhammad Subuh, whose path of worshipping God we all follow.

While visiting Kalimantan many Subud members experience a greater inner awareness.

When attentive, the Latihan is very present, and we feel close to our inner guidance.

That is why the international helpers have felt there is no need for general Latihan every day. This is in line with recent recommendations from Ibu Rahayu for events at the Subud land.

From our opening in Subud, the action of the power of Almighty God is continuous, whether we are in a state of latihan or not.

Our hope for members attending this Congress is to be attentive to their inner guidance in any activity whether in Latihans, meetings, workshops or socialising together. World Congress is a time where the normal distractions of our daily life are minimised.

*The Dewan of the International Helpers*  
[ih@subud.org](mailto:ih@subud.org)

## BAPAK - ABOUT CONGRESSES (70 PAR 1)



BAPAK IN VANCOUVER, BC - JULY 1981  
PHOTO BY SAHLAN SIMÓN CHERPITEL

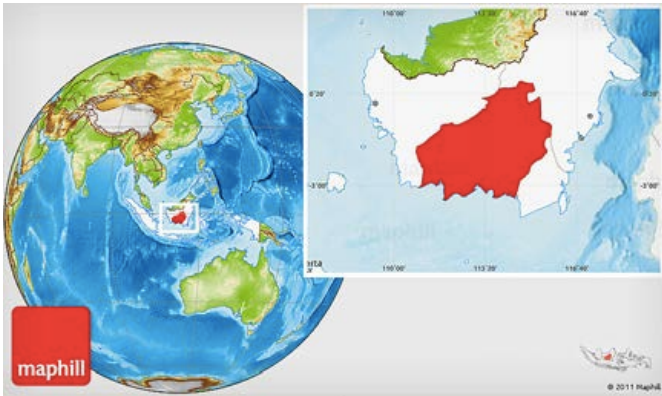
**B**rothers and sisters, as Bapak always says, a congress of the Subud Spiritual Association is not like an ordinary congress of other associations, because this is a congress of a community of human beings who worship Almighty God. For this reason, no matter what we discuss in the congress, we should not lose the peace and tranquillity of our inner feeling and, to some extent, we will feel the guidance of Almighty God. Therefore Bapak hopes that during the congress you will feel patient, calm, at peace and aware of yourself, not distracted by all manner of thoughts and imaginings. This is important, so that everything you discuss in the congress will follow what God wills. Then it will go smoothly, in an atmosphere of peace and calm, accompanied by a true family feeling.

The congress and all your meetings should be like a training, to teach you not always to be influenced by your desires when you are using your heart and thinking. So Bapak hopes that in these congress meetings you will not stray far from the inner feeling you receive just before and during your latihan. That would be best. If you are able to do that, you will receive the will of God that accords to your own will. You will then be able to end the congress with the results you hope for. In short, because you have been receiving the latihan not just for one, two or three years but for a long time, you should be quite good at recognising a quiet and calm feeling in all your movements and actions – inwardly and outwardly – through which you are able to receive the guidance of your soul, even if it is not as much as you would like. For this reason, in whatever you do, you need to be attentive and to feel that the power of God always accompanies you in everything.

This is something Bapak has experienced. When he is talking to you he is not speaking in the way people normally do, by first thinking and planning what he will say. No. When he talks to you he simply follows God's will; meaning that when he speaks, he is made to speak; when he thinks, he is made to think; and when he feels, he is made to feel. This is true also for you, if not to the extent that Bapak has received it. You receive the same training Bapak received, so you are bound to be able to feel it to some extent. This is why you need to be attentive in all your actions, in the congress or in ordinary meetings, or when you are together with people, whether at home or elsewhere. Equally, when you go out to have fun, to see this or that, to go here or there, feel that you are always followed by God, by God's power.

*Bapak's Talks, Volume 31, Talk # 10, Page 175 -179  
Code Number: 70 PAR 1  
Paris, France - August 1, 1970*

# 1. AN INTRODUCTION TO KALIMANTAN, INDONESIA



CENTRAL KALIMANTAN ON THE ISLAND OF BORNEO



PALANGKA RAYA, CAPITAL OF CENTRAL KALIMANTAN

**K**alimantan is the Indonesian part of Borneo, the third largest island in the world. Central Kalimantan is one of five provinces and Palangka Raya is the capital city.

Palangka Raya is a rapidly developing city, with a population of 281,000 people. The city, much like the rest of Borneo, enjoys a very warm climate with high humidity, averaging 33°C by day with 88% humidity. Rungan Sari is the Subud community located 36km north-west of Palangka Raya city centre.

Being relatively young in its development, Palangka Raya lacks infrastructure that may be commonplace in other developed cities around Indonesia. Road infrastructure is present but limited, with little to no public transport available. Hospitals and clinics are fairly commonplace,

however they do not offer the same quality of healthcare that can be found in major cities such as Jakarta. Finally, the tap water found within most households and commercial buildings is not of drinkable quality.

On the other hand, Palangka Raya is beautifully developed with close ties to traditional Dayak culture, and its buildings and monuments pay homage to its peoples' ancestors. The city, and Rungan Sari, are well equipped to provide access to nearby national parks and wildlife, including but not limited to overnight boat tours and orangutan sightseeing.



PALANGKA RAYA, CAPITAL CITY OF CENTRAL KALIMANTAN

## SUBUD IN KALIMANTAN

From his early trips to England in 1957, Bapak mentioned Kalimantan and the role of Subud in its development. In 1980, Bapak, his wife Ibu Mastuti, and several Subud members, travelled to Central Kalimantan. He felt that the time was right to begin to explore the possibilities of bringing projects into fruition, which would benefit us all. A key project included an international Subud Centre and community near the city of Palangka Raya to support enterprises and projects throughout Central Kalimantan for the benefit of Subud and local communities.



BAPAK ON THE RUNGAN RIVER, NOVEMBER 1980

In the early 2000s, the phase one development of a community complex known as Rungan Sari (meaning Essence of the Rungan River) was completed and hosts a multicultural community from Indonesia and other parts of the world. At the same time, a Subud house was built in the centre of Palangka Raya. The residential area of Rungan Sari includes roughly 40 houses. There is also a resort, a school, a football academy, an eco-village, community/latihan halls, and meeting and sports facilities - all surrounded by forests and wildlife.



RUNGAN SARI SUBUD CENTRE

## CULTURAL AWARENESS

**S**ubud in Indonesia, and more noticeably in Central Kalimantan, has developed a strong reputation through its history of working with local governments and communities. However, we are all seen as one entity. We ask that during your visit you are mindful of the efforts made over many years by your fellow brothers and sisters, and act responsibly and respectfully. Any adverse consequences due to personal actions may only last a short while for you, as a temporary visitor, but will have a more lasting impact on the name of Subud and the lives of local residents.

*For Subud members who are first-time visitors to Kalimantan, the below information and guidelines will assist in adjusting to the local culture.*

The cultural norms in Kalimantan (i.e. what is viewed as acceptable or not acceptable) are closely akin to those found within rural village life in Java, as opposed to a major city such as Jakarta or Kuta, Bali. In Kalimantan, each *desa* (village) has its own rules. The rules have evolved over hundreds of years and their purpose is to uphold the integrity and stability of the community. To ensure a safe and harmonious World Congress, the Congress team suggest members adhere to the following guidelines:

**1. Minimise displays of physical affection:**

Please refrain from any physical, public expressions of a romantic or sexual nature. In addition, we recommend keeping physical interactions with other people to a minimum, even if they are a partner/spouse.

**2. Dress appropriately and modestly:**

For men, t-shirts and shorts are customarily only worn within Kalimantan households. For women, conventional western dress styles are fashionable, however the culture within Kalimantan is more conservative than western culture, so showing skin can be frowned upon. Short shorts, sleeveless tops and short skirts are also seen as inappropriate. We recommend dressing more formally (long pants/trousers and shirts) during social gatherings and formal events.

**3. Keep loud or open expressions of emotion to a minimum:**

Engaging in loud expressions, except amongst family or close friends, can often be disturbing towards local Indonesians. To disturb another person's emotions is often considered a real offence. This can encompass getting impatient with someone providing a service or failing to remain calm with strangers.

**4. Refrain from the use of alcohol and drugs:**

Most Indonesians are Muslim, and the consumption of alcohol is not customary. In addition, the use of drugs is illegal and carries severe consequences within Indonesia. Please refrain from bringing and consuming alcohol or drugs during the World Congress or offering it to the youth in the community.

Over time, travellers may notice disparities and contradictions to these norms, as with any culture. However, we recommend giving some attention to the advice above, as it will help ease you into the culture and show respect to the people within whose country you are a visitor. We invite Subud members to enter Indonesia with a sense of respect, openness and a willingness to experience a different culture and customs, even if those customs are not commonplace within your home country.



## 2. GETTING TO KALIMANTAN

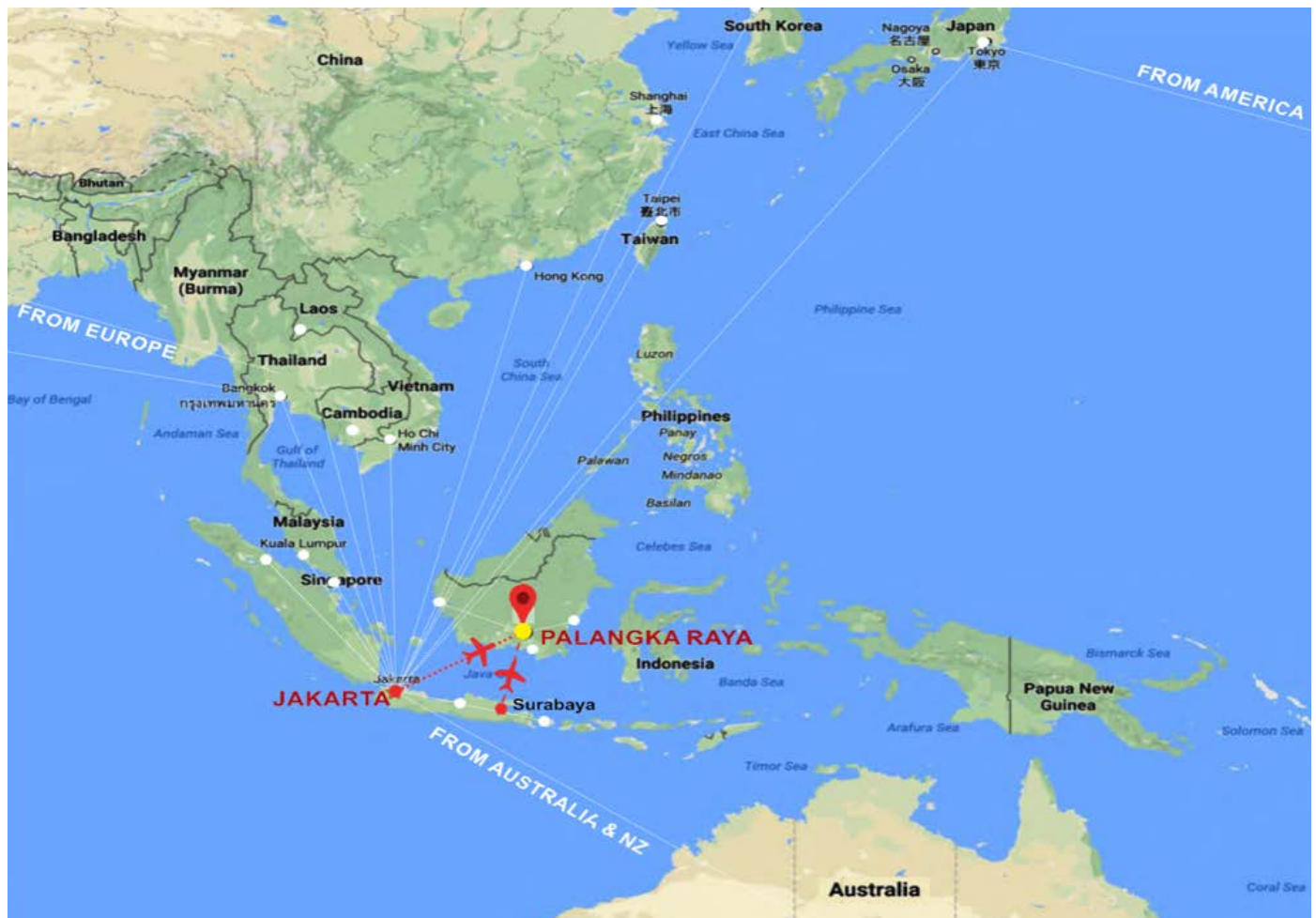
### FLIGHTS & AIRLINE ROUTES

**T**jilik Riwut (PKY) is the airport in Palangka Raya that Subud members must arrive at to attend the World Congress. This airport only offers direct domestic flights from two cities - Jakarta (1hr 45min flight) and Surabaya (1hr 15min flight).

Currently, there are four airlines covering the routes that connect Jakarta and Surabaya with Palangka Raya, providing 8 flights per day and transporting an average of 1,300 passengers. These airlines are: Garuda, Citilink, Batik Air and Lion Air.

Please note that the WCOT recommends travellers book their domestic flights to Palangka Raya via **Jakarta**. This is due to the limited number of daily flights that service the route between Surabaya and Palangka Raya.

JAKARTA SOEKARNO-HATTA INTERNATIONAL AIRPORT SERVICES MANY INTERNATIONAL ROUTES ON A DAILY BASIS:



## DATES

The World Congress is scheduled from Friday 19 July to Monday 29 July, 2024.

18 July is recommended for arrivals in Palangka Raya and 30 July for departures. Please keep in mind that depending on your flights, you may require a layover in Jakarta or Surabaya before arriving in Kalimantan.

The World Congress registration desk will open on 18 July and the opening ceremony will be held on the evening of 19 July 2024.

Please also see the [Congress Calendar](#) in the following section.

## BOOKING RETURN FLIGHTS TO KALIMANTAN

When booking your long-haul flight to Indonesia, consider trying to book it all the way through to Palangka Raya. Major airlines should be able to do this for you, and it will simplify your travel. However, try to ensure that your booking does not involve an overnight stay in Jakarta, if possible. If booking through to PKY is not practical for some reason, the WCOT recommends that Subud members book their local flights with the professional travel agency below (owned by a Subud member):

**Contact name:** Ibu Dian (*Ibu Dian is fluent in both English and Bahasa Indonesia*)

**Agency name:** PT. Pelangi Dian Wisata

## LAYOVERS

There is a comprehensive range of comfortable and economical accommodation options near both Jakarta and Surabaya airports. The WCOT recommends that Subud members stay at hotels close to the airport to minimise the risk of traffic delays.

The WCOT will not be providing pickup services to and from Jakarta and Surabaya Airports.

**Phone/WhatsApp:** +62 812 8830 8697

**Email:** [dian.pdw091219@gmail.com](mailto:dian.pdw091219@gmail.com)

**Payment options:** Bank transfer, credit card, Wise transfers

Should you wish to proceed with booking Indonesian domestic flights yourself, there are a number of recommended travel websites such as [Agoda](#), [Tiket.com](#), [Traveloka](#), and [Booking.com](#), or you can book directly with the airlines.

Please note that once you have confirmed your participation in the World Congress, the WCOT advises members to book flights as soon as possible. Prices are typically subject to fluctuations and seat availability may also be limited. It would be ideal to book **at least three months** before the scheduled flight.

Taxis are a readily available and reliable mode of transport within Jakarta, Surabaya and Palangka Raya.

It is recommended that Congress attendees choose taxis that have a taximeter installed. The best-known taxi service in Indonesia is the Blue Bird Group, which also offers luxury ranges from Blue Bird, Silver Bird and Golden Bird.

## AIRPORT TRANSFER

The WCOT will provide airport shuttle services from Palangka Raya airport to all **recommended hotels** (detailed in the [accommodation section](#) below) on:

- ◆ 17 July (all flights)
- ◆ 18 July (all flights)
- ◆ 19 July (only morning flights arriving no later than 12.30pm local time)

If members arrive at the Palangka Raya airport outside of the above mentioned days, you will

have to organise transport to your hotel with a taxi, which costs between Rp. 100,000 - 300,000 (USD \$6 - \$20) depending on the destination, or your hotel may offer an airport shuttle service.

Shuttle services to the airport will also be available for participants who depart on 30th and 31st July.

Please return to your registration form to input your accommodation and local flight schedule once booked to ensure we include you in the airport shuttle service.

## VISAS

### E-VISA & VISAS ON ARRIVAL

People from 86 countries are eligible for an Indonesian e-Visa (for full list, see official website linked below). This visa costs Rp 500,000 (about USD \$35) and provides a valid stay of up to 30 days, with the ability to extend for a further 30 days. It is recommended that commercial websites are avoided when applying for e-Visas as these often charge high prices. Instead, please use the official Indonesian website and receive your visa digitally: <https://molina.imigrasi.go.id/>

A Visa on Arrival (VoA) is also available, which costs Rp 500,000 (about USD \$35). If using foreign currency, it is recommended that visitors bring newer bills if possible. This visa can be extended for one month. For a list of VoA eligible countries, please see [here](#).

ASEAN member countries are exempt from visa requirements.

Standard immigration checks, such as a return ticket, sufficient budget, and itinerary, are often inspected before boarding flights to Indonesia or in the first port of entry.

### INVITATION LETTERS

For visitors travelling from countries that are not eligible for e-Visas and VoA's, please consult with the Indonesian embassy or consulate in your country regarding visa requirements and travel restrictions. In the case that an invitation letter is required, the WCOT is able to provide these upon request, should the circumstance be suitable. Please contact our congress office at [office.wcot2024@subud.org](mailto:office.wcot2024@subud.org).

# 3. THE 16<sup>TH</sup> SUBUD WORLD CONGRESS

## CONGRESS CALENDAR JULY 2024



**THURSDAY**

**18**  
DAY 0\*

Arrivals & Registration

*Swiss-Belhotel*

**FRIDAY**

**19**  
DAY 1

Opening Ceremony

*Swiss-Belhotel*

**SATURDAY**

**20**  
DAY 2

Kejiwaan Day

*Swiss-Belhotel*

**SUNDAY**

**21**  
DAY 3

First Plenary

*Swiss-Belhotel*

**MONDAY**

**22**  
DAY 4

Working Day & Wings Activities

*Swiss-Belhotel*

**TUESDAY**

**23**  
DAY 5

Second Plenary

*Swiss-Belhotel*

**WEDNESDAY**

**24**  
DAY 6

AM: Working Session  
PM: Projects Focus

*Rungan Sari*

**THURSDAY**

**25**  
DAY 7

Working Day & Wings Activities

*Rungan Sari*

**FRIDAY**

**26**  
DAY 8

Working Day & Wings Activities

*Rungan Sari*

**SATURDAY**

**27**  
DAY 9

Kejiwaan Day

*Rungan Sari*

**SUNDAY**

**28**  
DAY 10

AM: Working Session  
PM: Projects Focus

*Swiss-Belhotel*

**MONDAY**

**29**  
DAY 11

Last Plenary & Closing Ceremony

*Swiss-Belhotel*

**TUESDAY**

**30**

Departures

\* There are no activities for the general membership on Day 0 although preparatory meetings for delegates, IH, MSF and some Wings will take place on this day.

## VENUES

### SWISS-BELHOTEL DANUM

The Swiss-Belhotel Danum is a branch of the international chain of Swiss-Belhotels. This 4-star hotel is conveniently located 25 minutes from the airport and 45 minutes from Rungan Sari. With its open, relaxed and tranquil resort ambiance, this hotel has been chosen as one of the venues to host the World Congress - specifically, the first five days, and final two days of the programme. The hotel contains a total of 150 rooms for accommodation, as well as a comprehensive suite of business meeting spaces and a large ballroom.



SWISS-BELHOTEL POOL VIEW



SWISS-BELHOTEL BALLROOM

### RUNGAN SARI

Rungan Sari has been chosen to host the World Congress from the sixth to the ninth day of the programme. With a history spanning back to its first enterprises in the 1980s, and the first constructions in the late 1990s, Rungan Sari is the living example of Bapak's advice and receivings, which were that Kalimantan should be a centre for Subud's enterprises and projects.

Within Rungan Sari there is a meeting centre and resort, two latihan halls and a significant number of enterprises and projects that continue to influence the local area. Rungan Sari and its surroundings are home to over 150 Subud residents and a sizeable Subud group.



RUNGAN SARI MEETING CENTRE & RESORT



MUHAMMAD SUBUH CENTRE

## ACCOMMODATION

The WCOT has curated a selection of hotels that participants can choose from and for which a transportation service will be provided to and from the congress venues. These have been chosen for their quality, amenities, convenience, and ability to cater for the diverse needs of all attendees. It is important to note that the programme will take place in two different venues: the Swiss-Belhotel for five days, followed by four days at Rungan Sari (located 31 km north of the Swiss-Belhotel, approximately 45 minutes by bus), and the final two days will be back in the Swiss-Belhotel.

### PALANGKA RAYA

The WCOT has secured a favourable mark-down on prices for the below designated hotels. The complete list of options and prices is available on our website: [www.subudworldcongress.org/accommodation-1](http://www.subudworldcongress.org/accommodation-1)

The Congress Accommodation Team suggests that interested Subud members book their accommodation as soon as possible, given hotel capacities are limited. The WCOT have been awarded an exclusivity period along with special prices, but these will only hold for a short time, after which prices will increase back to their market rate.

### BOOKINGS

Detailed information on each hotel, the specific offerings, and the booking process is available on our website in the Accommodation section.

**You will need to complete your registration before booking your hotel as you will require the registration confirmation number to complete your accommodation booking.**

*\*\* These prices are estimates only and correspond to the published standard room option in each hotel. For the most updated prices, please visit our website.*

| HOTEL                                | DESCRIPTION   | ESTIMATED COST PER NIGHT (STANDARD ROOM)** |
|--------------------------------------|---|--|
| <b>Swiss-Belhotel</b><br>(150 rooms) | A 4-star international hotel offering a resort-like atmosphere with a relaxed ambiance. The grand ballroom and meeting rooms will be used as the congress venue for 7 days. | USD \$50                                   |
| <b>Hotel Neo Palma</b><br>(50 rooms) | A 3-star hotel offering economical rates with amenities that are new but limited. Located 5.1 kilometres from Swiss-Belhotel.   | USD \$40                                   |
| <b>Amaris Hotel</b><br>(30 rooms)    | A 2-star hotel offering economical accommodation. Services and amenities are limited. Located 5.4 kilometres from Swiss-Belhotel.   | USD \$27                                   |
| <b>Bahalap</b><br>(241 rooms)        | A new 5-star hotel offering comfortable rooms with modern furnishing. Located 7.4 kilometres from the Swiss-Belhotel venue.   | USD \$80                                   |
| <b>Best Western</b><br>(104 rooms)   | A 3-star modern midscale hotel with cosy and contemporary rooms. Located 7.4 kilometres from Swiss-Belhotel   | USD \$47                                   |
| <b>Luwansa</b><br>(50 rooms)         | A 3-star hotel offering comfortable and modern accommodation and facilities, located 8.8 kilometres from Swiss-Belhotel.  | USD \$47                                   |



SWISS-BELHOTEL



HOTEL NEO PALMA



AMARIS HOTEL



BAHALAPA



BEST WESTERN



LUWANSA

## RUNGAN SARI

For a more 'feel-at-home' experience, you can choose to stay in Rungan Sari's Eco Village located within the compound:

**Availability:** 15 air conditioned rooms and 2 non-air conditioned rooms

**Cost:** Rp. 550.000/night (about \$37) including breakfast

**Payment:** cash upon check-in

For reservations, please contact Ibu Amaliya Lerrigo at [amaliyalerrigo@gmail.com](mailto:amaliyalerrigo@gmail.com)

Many Subud members will stay in Rungan Sari at the Rungan Sari Resort, the private houses, Borneo Football Dorms, and other nearby facilities. Although these and other additional accommodation options may be available, the WCOT is not involved in the booking process of these options and they must be arranged separately by Subud members directly with these facilities.

A transportation service will be provided from Rungan Sari to the Swiss-Belhotel venue.



ECO VILLAGE, RUNGAN SARI



## TRANSPORTATION

Palangka Raya has no intra-city transportation such as buses and trams. Most residents and visitors rely on private transportation or taxis to move around the city. The WCOT will be providing buses and vans to shuttle congress participants between designated hotels to the event venues at the beginning and end of the day. We are also looking at the option of adding an additional circulation in the middle of the day.

Due to resource constraints, we are not able to offer transportation to all areas, only to the designated accommodation options detailed [above](#). However, other transportation options such as private drivers are available should you prefer to arrange these separately.

Indonesia also has two reliable ride-share / ride-hailing apps that generally operate throughout all major cities - Grab and GoJek. Both Grab and GoJek are available in Palangka Raya and can be installed on your mobile phones via Google Play Store and Apple Store, provided you have a local SIM card. Please note that availability of drivers is limited in Palangka Raya.

You can also ask your hotel reception for recommendations on transportation options.

## MEALS

The WCOT has negotiated with vendors to ensure meals are available onsite throughout the duration of the Congress for members who select the meal plan. The WCOT recommends that Subud members elect to purchase this meal plan, as cafes and restaurants that are within walking distance of the venue are limited in number and capacity.

The comprehensive daily meal plan for lunch and dinner is available for purchase during the registration process (breakfast should be included in each visitor's hotel accommodation or must be arranged separately). The cost for the Swiss-Belhotel meal plan is \$140 and the Rungan Sari meal plan is \$80 (averaging \$20 per day for both meals). Meals will be served in the form of a buffet and will include vegetarian options, however no other alternative meal options will be available. Meals cannot be purchased per day. There will be no partial packages available.

**Please note that meals at the Swiss-Belhotel and Rungan Sari venues must be pre-ordered. These meal plan options will not be available for purchase on the days of the congress.**

There will also be food available for purchase onsite from local vendors, both in Rungan Sari as well as in Swiss-Belhotel, but options may be limited.

## SPECIAL DIETARY REQUIREMENTS

Due to local and resource constraints, we are unable to offer any meals for special dietary requirements as we cannot guarantee that any of the food vendors available to us at this time will be able to deliver this adequately. As such, should you or any members of your party have allergies or require any special dietary considerations, we recommend that you do not purchase the meal plan and instead personally organise your own meals.



## PROGRAMME

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The programme for the congress is still under development. A summary schedule that shows the general activities on a day-by-day basis can be found on [page 12](#). A more detailed schedule will be available on our website closer to the congress date.

Following the recommendation of the International Helpers, general latihan will be held every other day.

## FAMILY PROGRAMME

A complementary and free-of-charge family programme will be run for children aged 5 - 12 during all plenary sessions. A dedicated space, activities and supervision will be provided.

This space will also be open for families to visit at any time throughout the Congress, however no supervision will be provided outside of the times that coincide with the plenary sessions. Children below the age of 5 are welcome to attend the family area, however they must be supervised by an adult - the Congress team will not take responsibility for the supervision of these children.

All children from the ages of 12 and above are welcome to enter the family space, however a separate programme will be available for this age category, including sports, games, events, workshops and possible excursions to the local area. Additional fees may apply.

Finally, a day-care programme will also be available for parents wishing to have their children supervised during non-major events. This programme will be available at an additional cost.

**For all Subud members interested in the family programme, the WCOT encourages you to log your interest during registration.** The family programme coordinator will follow up with you separately and the full programme and details will be circulated in due course.

## 4. HEALTH

### WELLNESS AND HEALTH RECOMMENDATION

Palangka Raya does not have the same healthcare resources or accessibility infrastructure that may be found in Western cities. Moreover, the tropical location of Kalimantan, with its heat and humidity, can heighten the possibility of illness and disease.

It is for these reasons that the WCOT cannot encourage the attendance of participants with delicate health conditions or who require specialised medical attention.

### FIRST AID AND MEDICAL PROVISIONS

It is important to note that due to the hot, humid conditions found within Kalimantan, the risk of heat exhaustion, dehydration, infection, fever, and disease is significantly heightened. It is highly encouraged that all Subud members take the necessary precautions to mitigate against these risks. This includes remaining indoors during the hottest hours of the day, staying hydrated, using mosquito repellent during appropriate hours, and attending to open wounds as soon as they occur.

The WCOT will have designated health stations placed at each of the Congress venues to treat minor health ailments. These stations may include resources for rehydration and wound care.

It is important to note that although there are local health clinics and general practitioners throughout Palangka Raya, people may need to fly to Bali or Jakarta for acute medical treatment.

Items that may be commonplace in other countries, but that are not typically available in Palangka Raya, include homoeopathic medicines, Bach Flower remedies and any other alternative medicine treatments, as well as natural insect repellent. Conventional medicines can typically be bought at chemists or prescribed by doctors in Palangka Raya.

### TRAVEL & HEALTH INSURANCE

Before visiting Kalimantan, it is recommended that Subud members obtain health and accident insurance for travellers that includes coverage for emergency evacuation.

## ACCESSIBILITY

To any of our Subud members requiring accessibility support, we would like to be very transparent and acknowledge that Kalimantan will not be able to suitably host you at this time.

Accessibility features or options such as wheelchair-friendly buildings, ramps, etc. are simply not available.

## NEARBY HOSPITALS

| ACCOMMODATION      | NEAREST HOSPITALS                        | DISTANCE |
|--------------------|--|----------|
| Rungan Sari        | Batang Pabelum Hospital                  | 29.4 km  |
|                    | Doris Sylvanus Regional General Hospital | 36.9 km  |
| Swiss-Belhotel     | Batang Pabelum Hospital                  | 1.6 km   |
|                    | Doris Sylvanus Regional General Hospital | 6.2 km   |
| Neo Palma Hotel    | Doris Sylvanus Regional General Hospital | 1.3 km   |
|                    | Siloam Hospital                          | 4.4 km   |
| Amaris Hotel       | Doris Sylvanus Regional General Hospital | 1.2 km   |
|                    | Siloam Hospital                          | 5.1 km   |
| M Bahalap Hotel    | Siloam Hospital                          | 2.1 km   |
|                    | Doris Sylvanus Regional General Hospital | 2.2 km   |
| Best Western Hotel | Doris Sylvanus Regional General Hospital | 1.7 km   |
|                    | Siloam Hospital                          | 2.2 km   |
| Hotel Luwansa      | Doris Sylvanus Regional General Hospital | 3.4 km   |
|                    | Siloam Hospital                          | 4.2 km   |

# 5. REGISTRATION

## HOW TO REGISTER

Please read this information package carefully before starting your registration.

The online registration form can be accessed here:

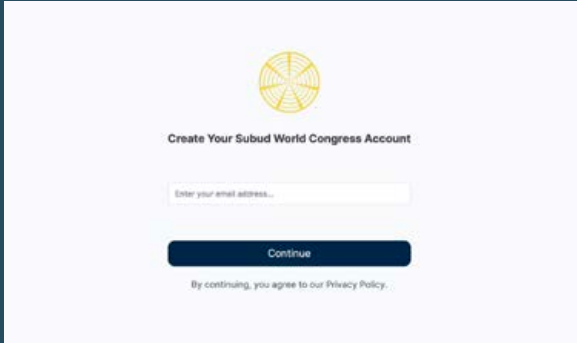
- ◆ For English, please visit: <https://subudcongress.com/en>
- ◆ For Bahasa Indonesia, please visit: <https://www.subudcongressindonesia.com>
- ◆ For French, please visit: <https://subudcongress.com/fr>
- ◆ For Spanish, please visit: <https://subudcongress.com/es>

Payments will be managed through Stripe, which accepts credit and debit cards as well as bank transfers in the U.S. and Europe. The registration fee of USD \$445 will apply from **28 January 2024 to 31 March 2024**, after which the late registration fee of USD \$500 will apply.


Please note that you will not be officially registered for the congress until you have completed the payment for your registration.

As this congress requires substantial planning and preparation, we kindly encourage all interested Subud members to register as soon as possible so that the WCOT can make adequate arrangements.

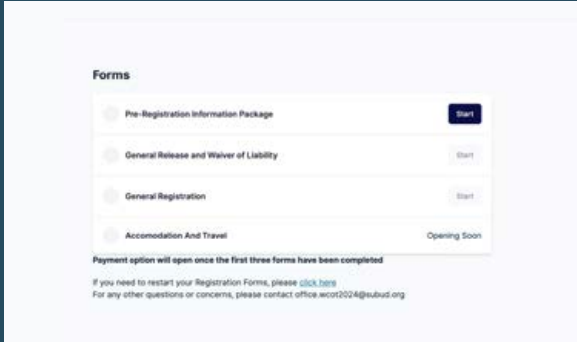
### ONLINE REGISTRATION



*To access the registration form, you will need to create an account.*



*Once your email address has been verified, you can then begin registration.*



*Each form needs to be completed in order to start the next one.*

## REGISTRATION FEE

**R**egistration fees help us to create a safe and wonderful experience for everyone at the World Congress. For us in Subud, the spiritual side of our Association is the “main event”. We all know the Grace of the latihan kejiwaan of Subud is given free of charge, and we also know the venues suitable for doing latihan together are not free. Your registration fees cover the cost of these venues, and so much more.

Through paying your registration fees, you contribute to the success of the World Congress, in its comfort, safety, and security and to enhance the Subud family feeling of togetherness. And in Kalimantan, air-conditioning is really a necessity most of the time, and worth every penny spent on it. So, think of registration fees as an investment in ourselves and our World Congress, and to demonstrate how much we appreciate the latihan kejiwaan of Subud.

Please support paying full registration fees even if you are a national delegate or other office holder and, if possible, make a donation when registering to help others attend as well.

| CATEGORY   | FEE    |
|--|--------|
| <b>Adult (17+)</b><br>Regular Registration – until March 31                | \$ 445 |
| <b>Adult (17+)</b><br>Late Registration – April 1 - June 30                | \$ 500 |
| <b>Adolescent (Ages 12 to 16)</b><br>Regular Registration – until March 31 | \$ 145 |
| <b>Adolescent (Ages 12 to 16)</b><br>Late Registration – April 1 - June 30 | \$ 200 |
| <b>Child (Ages 0 to 11)</b><br>Regular Registration – until March 31       | \$ 0   |
| <b>Child (Ages 0 to 11)</b><br>Late Registration – April 1 - June 30       | \$ 0   |

## REFUND POLICY

**S**hould you need to cancel, we will refund the cost of your registration fee minus transaction fees up to a month prior to the Congress (19 June 2024). No refunds will be granted after that date.

## WHAT IS INCLUDED IN THE REGISTRATION

**R**egistration includes the following items for the full duration of the congress:

- ◆ **Congress entry:** The use of all congress facilities/buildings and entry into all congress associated events, plenary sessions, latihan and associated workshops.
- ◆ **Airport transfer:** Airport shuttle transportation to and from your hotel on arrival and departure days as stated above.
- ◆ **Daily transport:** Daily transportation via bus from the Congress designated hotels to the venue and back.
- ◆ **Congress check-in package:** Inclusive of name tag, itinerary and Kalimantan 2024 carry bag.

## QUERIES AND FURTHER INFORMATION

For further information, please visit our website at  
<https://www.subudworldcongress.org/>

Our content, including the [Frequently Asked Questions](#) section,  
is regularly updated.

For any additional queries, please contact us at:  
[office.wcot2024@subud.org](mailto:office.wcot2024@subud.org)